

## How often do you do the following things to improve your listening skills?

5 = always    4 = usually    3 = sometimes    2 = rarely    1 = never

Before listening ...	
1. Do you use your <b>background knowledge of the world</b> or the topic to <b>predict</b> what you may hear?	5 4 3 2 1

When listening ...			
Interactive listening (you can communicate with the speaker)		Non-interactive listening (you can't communicate with the speaker)	
2. Do you pay attention to the speaker's <b>facial expression and intonation</b> ?	5 4 3 2 1	3. Do you use visual clues (titles, pictures) to predict what you may hear?	5 4 3 2 1
4. If you don't understand, do you ask the speaker to <b>slow down, repeat, or explain</b> ?	5 4 3 2 1	5. If you don't understand a part, do you <b>keep listening</b> for more information?	5 4 3 2 1
6. If you don't understand, do you <b>rephrase</b> what you think you heard and check it with speaker?	5 4 3 2 1	7. Do you try to <b>guess</b> if you don't fully understand what is being said?	5 4 3 2 1

After listening ...	
8. Do you <b>write down</b> unfamiliar words and check them in a dictionary after listening?	5 4 3 2 1
9. Do you listen to the <b>same recording again</b> and check if you can understand more the second time?	5 4 3 2 1

Look at your answers. Are you already using effective strategies? What can you improve? If you need help with any learning strategies, come ask in the ILC.