## SAMPLE EFFECTS ESSAY - FAIR (score of 10-12) CAN YOU IMPROVE IT?

- 1. What are the effects of allowing children to use internet without adult control?
- obesity
- sleep
- friends
- · family relationships
- grades
- crime

Nowadays, There are not house without technological machine, so everybody benefits from technology and internet. It is very amazing, but a lot of children use too much internet, and this is not for necessary things everytime. If children use internet without adults control, it may be some effects on children. Especially, two effects stand out: sleep problems and family relationship issues.

First effect of internet using by children without adult controls is sleep problems. if anybody does not warm children when surfing on internet, they might not notice how time passed fast. That is why parents should say that come sleep time. For example, a child who addict on playing game may does not sleep at nights. Another example is a child with using too much instagram may be same way, which all of things effects sleep quality and time. As a result, that adults control their children while using internet is important.

Second effect ends family relationships. That children use internet without control causes lack of comminication between in family members. For instance, internet world consist of diffrent world, so children can not adapt to the real world, they do not speak even with their parents. In addition, because they spend all time on internet, they can not spend time with their parents. it seems that, internet using without adult control by children is very effectly on they.

To sum up, children use internet without adult controls effects their sleep and relationships with their parents. If we want growing up healthy our children, we should control their using the internet.

(263 - 61,94,76,32)