

You can create a simple study schedule like this for yourself, adapting the times for yourself. Create a schedule that fits your life so you will stick with it.

To stick with your plan, show your schedule to a friend or family member and ask them to check on you. Also, if you find a “study buddy” to work with, you can motivate each other.

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning	CLASS	CLASS	CLASS	CLASS	CLASS		
Afternoon	1400-1445 Review the Lesson	1400-1445 Review the Lesson	1400-1445 Review the Lesson	1400-1445 Review the Lesson	1400-1445 Review the Lesson		1400-1445 Do some other practice
Evening	1800-1845 Do some other practice	1800-1845 Do some other practice		1800-1845 Do some other practice			

For each class session, you need to make time to review soon after, but you should take a break to rest your mind.

In the review, you can:

- Go over what you learned and check your understanding
- Write down questions to ask your teacher
- Start a homework assignment
- Find other resources to practice the same topic
- Test yourself on the vocabulary you learned

You should also spend 30-45 minutes at least 3 days each week doing some other practice to develop your skills.

Some things you can do:

- Use the extra handouts in Ninova
- Writing practice like brainstorming essay outlines
- Do some extra listening practice
- Read something interesting
- Etc etc etc - look through the ILC Online Resources to find something enjoyable for you