

Language Log

A language log is a record of your language-learning journey. You can record your overall goals as well as your daily progress.

Some reasons to keep a language log are:

- It shows you how much time you are spending on learning and what you are focusing on. You may want to spend time on different skills (reading, writing, vocabulary, etc.) Logging allows you to organize and track how you spend your learning time.
- It helps you set goals. You can see where you are and progress to where you want to be!
- It helps you develop good habits and feel good about your accomplishments. Studies have shown that learners who keep logs feel more positive about their learning remember more of what they learn. (I keep a log for washing dishes because this is something that is hard for me to do every day!)

Review your goals every few weeks; they might change!

Date	My goals

Sample

Overall Goals

Date	My goals
November 2022	Be able to read an academic text and answer the questions Know more vocabulary Be better at listening

Daily Study

Date	Learning Objective	Materials Used	Progress	Next time
Nov 11	Review today's lesson Practice Academic Reading	Coursebook & Extra materials from teacher Reader at Work II page 23-24 & questions	Finished, marked 2 questions to ask teacher 60% correct, wrote down 5 new words in vocabulary notebook	Do a different one, review the vocab and use in writing.
Nov 12	Study Academic Word List Subset 1	Quizlet quiz	Got 90%	Start subset 2. Review subset 1 in two weeks.