How often do you do the following things to improve your reading skills?
5 = always $4=$ usually 3 = sometimes $2=$ rarely $\quad 1=$ never

| When preparing to read ... |  |
| :---: | :---: |
| 1. Do you notice differences in genres (magazine articles, novels, text books) to understand the text? | 54321 |
| 2. Do you choose texts appropriate to your level? | 54321 |
| 3. Before you read, do you think about the topic of the text? | 54321 |
| 4. Do you use titles, pictures, and text structure to understand what the text is about? | 54321 |
| When reading ... |  |
| 5. Do you pay attention to how much time it will take you to read the text (set a time limit)? | 54321 |
| 6. Do you use your knowledge of the topic to understand unclear parts of the text? | 54321 |
| 7. Do you try to get a general idea of the whole text by reading important parts (introductions, topic sentences, conclusions)? | 54321 |
| 8. Do you skip unfamiliar words and phrases and continue reading to get the general idea? | 54321 |

## When reflecting ...

9. Do you check the words you skipped?

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10. Do you ask yourself questions to check your understanding?

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11. Do you take notes or write summaries of what you read?
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Look at your answers. Are you already using effective strategies? What can you improve? If you need help with any learning strategies, come ask in the ILC.

